



# INDIA PAIN UPDATE 2018

1<sup>ST</sup> - 2<sup>ND</sup> DECEMBER 2018 | THE LALIT, CONNAUGHT PLACE NEW DELHI

## Scientific Program

1<sup>ST</sup> DECEMBER 2018, SATURDAY

	<b>HANDS ON WORKSHOPS</b>
	<b>DPMC (RAJOURI GARDEN) ULTRASOUND WORKSHOP</b>
<b>08.45am - 12.00pm</b>	<b>FACULTY:</b> Dr. Mortada Jubara, Dr. Nidhi Bhatnagar, Dr. G. P. Dureja, Dr. Unnikrishnan, Dr. Siddharth Hora, Dr. Manisha Arora, Dr. Samir Saurabh, Dr. Izhar Faisal
	<b>DPMC (SAFDARJUNG ENCALVE) FLUOROSCOPY WORKSHOP</b>
	<b>FACULTY -</b> Dr. G. P. Dureja, Dr. Dhruv Bibra, Dr. Vikas Tyagi, Dr. Swarnima Vardhan, Dr. Sandeep Khandelwal, Dr. Kushal Donga, Dr. Piyush Sorathiya, Dr. Miten
<b>01.00pm - 02.00pm</b>	<b>LUNCH</b> (Hotel Lalit New Delhi)
<b>02.00pm - 05.00pm</b>	<b>LIVE WORKSHOP - (TELECAST FROM RAJOURI CENTRE TO HOTEL LALIT)</b>
	<b>OT COORDINATORS:</b> Dr. G.P. Dureja, Dr. Siddharth Hora, Dr. Manisha Arora, Dr. Samir Saurabh, Dr. Miten
	<b>HOTEL LALIT COORDINATORS:</b> Dr. Dhruv Bibra, Dr. Vikas Tyagi, Dr. Swarnima Vardhan, Dr. Sandeep Khandelwal, Dr. Izhar Faisal
	<ul style="list-style-type: none"> <li>» Cooled Tip Radio Frequency ablation of Genicular Nerves in OA Knee Joint</li> <li>» Botox Injection for Migraine</li> <li>» US Guided PRP Shoulder</li> <li>» US Guided PRP Hip* (As per the availability of the patient)</li> <li>» Impar Plexus/Superior hypogastric plexus* (As per the availability of the patient)</li> <li>» US Guided Trochanteric Bursa Injection* (As per the availability of the patient)</li> </ul>
<b>05.00pm - 05.30pm</b>	<b>HIGH TEA</b>
<b>05.30pm - 07.00pm</b>	<b>SYMPOSIUM: CURRENT PERSPECTIVES IN NEUROPATHIC PAIN</b>
	<b>CHAIRPERSONS:</b> Dr. Ashok Saxena, Dr. Pradeep Jain, Dr. Naveen Malhotra
05.30pm - 06.00pm	Central Sensitization - Pathophysiology - <b>Dr. Anoop Kohli</b>
06.00pm - 06.30pm	Current Trends in Management of Neuropathic Pain - <b>Dr. Madhur Chadha</b>
06.30pm - 07.00pm	How much is too much for Neuropathic Agents? - <b>Dr. Rajat Gupta</b>
<b>07.00pm - 07.30 pm</b>	<b>INAUGURATION CEREMONY</b>
	Guest of Honor: <b>Prof. Abhijeet Bhattacharya</b> Inaugural address by the Guest of Honor: "Triumph Over Pain - A Journey Unfolded"
<b>08.30 pm onwards</b>	<b>NETWORKING DINNER AND COCKTAILS</b>



# Scientific Program

2<sup>ND</sup> DECEMBER 2018, SUNDAY

<b>09.00 - 09.30 am</b>	<b>PLENARY SESSION</b>
	<b>CHAIRPERSONS:</b> Dr. AKM Akhtaruzzaman, Dr. Ashu Jain, Dr. Amod Manocha
	Ultrasound guided hydrodissection of nerve and neuromodulation- <b>Dr. Mortada Jubara</b>
<b>09.30 am - 11.30 am</b>	<b>SYMPOSIUM: KNEE AND SHOULDER JOINT</b>
	<b>CHAIRPERSONS:</b> Dr. J Maheshwari, Dr. Harsh Mahajan, Dr. (Prof) G. P. Dureja
09.30 am - 10.00 am	Acute injuries of the Shoulder & Knee Joint - <b>Dr. J Maheshwari</b>
10.00 am - 10.30 am	MRI Shoulder and Knee Joint - What a Pain Physician should know? - <b>Dr. Harsh Mahajan</b>
<b>10.30 am - 11.15 am</b>	<b>CASE BASED DISCUSSION</b>
	<b>MODERATORS:</b> Dr. J. Maheshwari, Dr. (Prof) G. P. Dureja
10:30 am - 10:50 am	Shoulder Injury:- <b>Dr. Vikas Tyagi, Dr. Manisha Arora</b>
10:55 am - 11:15 am	Knee Injury:- <b>Dr. Siddharth Hora, Dr. Swarnima Vardhan</b>
<b>11.15 am - 11.30 am</b>	End to End Solutions for Osteoarthritis of Knee joint - <b>Dr. Prem Anand</b>
<b>11:30 am - 11:45 am</b>	<b>TEA</b>
<b>11.45 am - 12.45 pm</b>	<b>SYMPOSIUM: HEADACHE</b>
	<b>CHAIRPERSONS:</b> Dr. Rohit Gulati, Dr. Amit Dua, Dr. Malvinder Sahi
11.45 am - 12.15 pm	Latest Guidelines on the Diagnosis and Management of Headache- <b>Dr. (Prof) Debashish Chowdhary</b>
12.15 pm - 12.30 pm	Occipital headache / Neuralgia - <b>Dr. (Prof) Baljit Singh</b>
12.30 pm - 12.45 pm	Role of non invasive stimulation of Supraorbital and Occipital nerves in patients of chronic daily headache - <b>Dr. (Prof) Hamad Usmani</b>
<b>12.45 pm - 01.45 pm</b>	<b>SYMPOSIUM: REGENERATIVE MEDICINE</b>
	<b>CHAIRPERSONS:</b> Dr. Rajat Gupta, Dr. Pankaj Surange, Dr. Lutful Aziz
12.45 pm - 01.00 pm	Is PRP a stem cell therapy? The road ahead for regenerative medicine in India - <b>Dr. Dheeraj Dumir</b>
01.00 pm - 01.30 pm	Role of PRP in Spine regeneration- <b>Dr. Jaspal Ricky Singh</b>
01.30 pm - 01.45 pm	<b>FUN TOPIC-</b> How to develop core for Six Pack Abs? <b>Dr. Jaspal Ricky Singh</b>
<b>01.45 pm - 02.30 pm</b>	<b>LUNCH</b>
<b>02.30 pm - 04.00 pm</b>	<b>SYMPOSIUM: BACK PAIN</b>
	<b>CHAIRPERSONS:</b> Dr. Jaspal Ricky Singh, Dr. Pankaj Surange, Dr. Malvinder Sahi
02.30 pm - 03.00 pm	USG evaluation of low back pain- <b>Dr. Nidhi Bhatnagar</b>
03.00 pm - 03.30 pm	Kyphoplasty: Practical Considerations - <b>Dr. Neeraj Jain</b>
03.30 pm - 04.00 pm	Case Based Discussion (Non radiating low back pain) <b>Dr. Dhruv Bibra, Dr. Izhar Faisal</b>
<b>04.00 pm onwards</b>	<b>VALEDICTORY CEREMONY</b>

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